

## The HKIE Toastmasters Club

# HKIE Toastmasters Club Regular Meeting held on 4 January 2024

By Mr Tom WONG

The theme for this month's regular meeting was "Environmental Protection". Both members and visitors shared their experiences in environmental protection in the engineering field and other industries. A key idea "Waste Energy" was also shared in the meeting.

We were grateful to have Ms Jessie Ng and Mr Peter Wong as the Toastmaster of the Evening and the Table Topics Master respectively.

Mr Wong initiated an interactive Table Topics Session, engaging the audience to share their knowledge and experience of environmental protection. The topics also covered the relationship between environmental protection and urban development, hydrogen energy and energy saving.

Some insights into promoting environmental protection to the public were also shared. Participants in the Table Topics session were encouraged to deliver their speeches on the stage to practice their public speaking skills.

Prepared speeches were delivered by Mr Tom Wong (Pathways Level 2 Project 2: Effective Body Language Title: Effective Body Language); Mr Ivan Ip (Pathways Level 1 Project 3: Repeat First Speech Title: The beauty of basketball),



Participants of the meeting

and Ms Janet Ho (Repeat First Speech Title: Humour in Speeches). The speeches were evaluated based on their strengths and areas for improvement in public speaking skills.

Finally, the best speakers and evaluator for the meeting were selected: -

The best table topic speaker: Miss Jessie Ng

The best prepared speech: Mr Tom Wong

The best evaluator: Ir Dr F C Chan & Mr Tom Wong

TMC meetings are a learn-by-doing platform where participants can hone their speaking and leadership skills in a relaxed atmosphere.

If you want to strengthen your public speaking skills and expand your engineering network, you are welcome to join us. Please contact our Vice President Public Relation Miss Jessie Ng by email at [jessy.cs.ng@clp.com](mailto:jessy.cs.ng@clp.com).