

## The HKIE Toastmasters Club

# HKIE Toastmasters Club Regular Meeting held on 5 October 2023

By Mr Summer HA

The captioned meeting was held on 5 October 2023 with "Time Management" as the meeting theme. Members and participants shared their experiences in goal setting, prioritising tasks, and achieving success. During the meeting, participants discussed the importance of defining the time boundaries in daily jobs. Participants in the meeting gained insights through a collaborative and interactive discussion on effective time management in the workplace.

We were grateful to have Mr Tom Wong and Ir Dr F C Chan as the Toastmaster of the Evening and the Table Topics Master respectively.

Ir Dr Chan initiated an interactive Table Topics Session, engaging the audience with thought-provoking questions related to time management. The topics also explored



Attendees of the meeting

the vital elements of goal setting, prioritising tasks, and the concept of time boundaries, which are essential in ensuring good time management. The session sparked engaging discussions, allowing participants to share their expertise and gain valuable insights. Participants in the Table Topics were encouraged to deliver speeches on stage to practice their public speaking skills.

Prepared speeches were delivered by Ms Jessie Ng (Pathways Level 2 Project Title: Communication Style), Ir T K Cheung (Pathway Level 1 Project Title: Your First Speech), and Ms Briana Lam (Pathway Level 1 Project Title: Introduce Myself). The speeches were evaluated based on their strengths and areas for improvement in public speaking skills.

Last but not least, the best speakers and evaluators were selected for the meeting:

The best Table Topics speaker: Ms Briana Lam  
The best prepared speech speaker: Ms Jessie Ng  
The best evaluator: Ir Dr F C Chan

TMC meetings provide a learn-by-doing platform for participants to hone their speaking and leadership skills in a relaxed atmosphere. Don't miss this opportunity to not only strengthen your public speaking skills but also expand your engineering network. If you are interested in joining us, please contact our Vice President of Public Relations, Miss Jessie Ng, by email at [jessy.cs.ng@clp.com](mailto:jessy.cs.ng@clp.com).